



10th International Conference on Nutritional and Environmental Medicine

Theme

Nutrition, Ayurceuticals & Metabolomics – Key to Optimal Health

14th to 16th February 2020

Venue: Hotel Sandesh The Prince, Mysuru

Organizers



In association with



About NEMCOM

This international conference is conducted with the aim of updating INMA members and delegates with the latest global innovations, in preventive and curative cellular medicine, to give them an exposure to link and be connected with Medical practitioners from every medical discipline as well as Scientists, Nutritionists, Naturopaths, Health & Wellness Experts and Integrative Medical Practitioners from the Global Community. This also serves as a valuable CME (Continued Medical Education) for all the registered Medical Practitioners. We are thrilled to house world-renowned integrative medicine experts for the benefit of INMA members and delegates.



Activities

- † Conducting Continuing Medical Education (CME) & Health Education.
- † Giving guidance in Clinical Trials and Researches in their respective fields.
- † Training for Health Professionals in Nutritional and Environmental Medicine.
- † Managing medical camps to heal any chronic illness with Integrated Nutritional Medicine.
- † Creating awareness on the Importance of Achieving and sustaining Holistic health.
- † Organizing National and International Conferences to bring together expertise from different streams of Medicine to a common platform.



Pre-Conference Workshop: "Nutrigenetics and Nutrigenomics: Current Status and Implications for

Date: 14.02.2020 **Time: 8 am to 12 pm**

Venue: Vijnana Bhavan, Manasagangotri, UOM, Mysuru

A four-hour power packed pre-conference workshop is organized in a run up to the conference. The workshop includes a series of lectures from eminent speakers.

Key resource person



Dr. Vimal Karani S

Associate Professor in Nutrigenetics & Nutrigenomics, Programme Director for Food & Nutritional Sciences degree programmes - School of Chemistry Food & Pharmacy, University of Reading, Reading, UK.



Dr. Anuradha Udumudi

PhD in Human Genetics, Founder of GeneTech, Post-doctoral work in USA at UMDNJ Medical School (New Jersey), Walksman Institute (New Jersey), Integrated Lab Systems (North Carolina).

Note: Limited Seats available

Visit nemconference.com/preconference to register

Registration Fee

Students - INR 1190

Academician - INR 1428

Delegates - INR 1785



About the organizers



Soukhya Training Research Institute

Soukhya Foundation & Soukhya Training and Research Institute (STRI) is a globally emerging body of like-minded professionals from all streams of medicine and related fields. Soukhya was launched in 2012, by Dr. A. Sreekumar, Chairman of the well-known Holistic Treatment Center - Wellness Solutions Pvt Ltd. with the aim of spreading global awareness in Cellular Health Management and Rejuvenation with Nutritional and Environmental Medicine. Soukhya is a fast-growing organization with members from India and abroad.

We are now in association with similar organizations around the world for promoting Advanced Nutritional and Integrated Environmental Medicine. We are conducting CME's, fellowship courses and other training programs in India and Overseas throughout the year.



University of Mysore

The University of Mysore was established on 27th July 1916 during the benevolent reign of the Maharaja of Mysore, His Highness Nalvadi Krishnaraja Wodeyar. In 1960, all the post-graduate studies of the University were brought to one location. This location was named as "Manasagangotri" (birthplace of Eternal Knowledge) by Dr. K.V. Puttappa the then Vice Chancellor, which is adjacent to scenic Kukkarahalli lake within the heart of the heritage city of Mysuru. Today the University has 42 Postgraduate Departments at the Main Campus, 3 Postgraduate Centers and 4 Constituents Colleges. The University of Mysore was reaccredited 'A, grade in 2013 by NAAC. University of Mysore has been ranked one of the top 20 Universities in India for Scientific and Research activities by Current Science.

About the organizers



Yuvaraja's College, Mysore

Yuvaraja's College (Autonomous Constituent College of the University of Mysore accredited with A Grade by NAAC) was established by erstwhile Maharaja of Mysore - His Highness Sri Krishnaraja Wodeyar, nine decades ago as an Intermediate College and was upgraded to First Grade College in the year 1947-48. It is one of the leading academic centres serving to the cause of higher education in Science.

Department of Food Science and Nutrition, Yuvaraja's College, Mysore

The Department of Food Science and Nutrition had its humble beginning as an Undergraduate course in combination with Food Science and Nutrition as one of the optional in the year 1994. During the year 2016-17, M.Sc in Food Science and Nutrition course was also introduced, which indicates the phenomenal growth of the department. The Department has collaborations with DFRL, UAS Bengaluru, Soukhya Foundation, KMF, Akshaya Patra, Ayush for MSc research work. The data emanating from such research has been published in reputed national and international journals.



AFSTⁱ

Empowering the Food Professional

AFST (India)

The Association of Food Scientists and Technologists (India), established in 1957, is one of the largest professional and educational organizations which brings together a large number of Food scientists & technologists, Nutritionists, entrepreneurs and captains of Industries. The major objective of AFST(I) is to stimulate and advance knowledgebase on various aspects of Food Science and Technology, by organizing National (ICFOST) and International (IFCoN)

AFST (I) is a premier professional body Internationally recognized for disseminating latest trends and innovative concepts in the area of Food Science and Technology, Nutrition and Health through Journals and Organizing Conferences.

Speakers



Dr. Sanjeev Khulbey

Cardiothoracic and Vascular Surgeon, India.

Topic | **What I see every day, but would rather not see ÿ Present-Day Heart Disease**



Dr. Vimal Karani S

Associate Professor in Nutrigenetics & Nutrigenomics, UK.

Topic | **Genetics & Cardio-Metabolic Health ÿ Personalised Care**



Prof. Dr. Rangappa K S

President- Indian Science Congress, Ex Vice Chancellor - University Of Mysore, Karnataka Open University, India.

Keynote |



Prof. Dr. Ushy Mohandas

CEO Dr. Ushy's Wisdom Works, Founder - The Mind Workshop, India.

Keynote | **Your Body Hears Everything Your Mind Says**



Dr. A Sreekumar

Consultant ENT - Head & Neck Surgeon, Senior Consultant in Nutritional & Environmental Medicine, Founder of Soukhya Foundation & President of Indian Nutritional Medical Association, India.

Topic | **Alarming Increase of Cancer ÿ The Need for Integrative Medicine Approach**



Dr. Kamal Karl

Functional Regenerative Medicine Physician, New Zealand.

Topics | **Challenges of Treating Mental Health in India ÿ An Integrative Medical Solution**
Environmental Hazards Leading to Cancer and the Ways to Overcome



Dr. Avani Karl

Integrative Medicine Practitioner, New Zealand.

Topics | **Women's Heart are Different**
Breast Cancer Updates



Prof. Dr. V. Prakash

Former Director of CFTRI, Mysore, Vice-President of International Union of Nutritional Sciences (IUNS), London, UK.
Board Member of International Union of Food Science and Technology (IUFoST), Canada.

Keynote | **The Prakriti Symbiosis between Herbs and Human Body through Biology of Life in Gut**



Prof. Dr. Jamuna Prakash

Former Professor - University of Mysore, Visiting Professor, International Union of Food Sciences and Technology, Department of Food Sciences and Biotechnology, Zhejiang Gongshang University, China.

Topic | **Phytochemicals and Healthy Ageing**



Dr. L N Shenoy

Assistant Director, State Ayurveda Research Centre, India.

Topics | **Ayurceuticals in Mental Health**
Ayurceuticals in Cancer Care



Dr. Lenny Dacosta

Geriatric Cardiologist, India.

Topic | **Key Nutrients in Cardio Metabolic Health**



Dr. Patana Tengumnuay

Physician & Nephrologist, Thailand.

Topics | **It's not all about Cholesterol**
Kidney and the Heart



Dr. Suresh Shottam

Member AHMA (American Holistic Medical Association), A5M (AustralAsian Association of Anti Aging Medicine), and Ozone Forum of India.

Topic | **The Blood Brain Barrier and Its Role in Clinical Diagnosis and Treatment**



Dr. Murali Thyloth

Professor and Head, Department of Psychiatry, M S Ramaiah Medical College and Hospitals.

Topic | **Depression - a global burden**



Dr. Michael Osiecki

Managing Director, CEO of Bio concepts, Australia.

Topic | **The Role of Nutrients in Mental Health**



Dr. Leroy Rebello

Dermatologist, Cosmetologist Pain Management & Aesthetic Medicine Practitioner.

Topic | **Stem Cells for Treatments**



Dr. Sudha Chepyala

Physician, Integrative Medicine.

Topic | **Role of Environmental Toxins in Cancer**



Dr. Sunita Banerjee

Consultant- Aesthetic Medicine, Family Medicine- Mumbai.

Topic | **Brain Boosters: Enhancing the Aging Brain**



Dr. Mili Arpan Shah

President of Ozone Forum of India.

Topic | **Ozone in Cancer Therapy**



Mr. Munna Anand

Founder of IRONBUTTERFLY 24 a Mind Body Metamorphosis Program, METABALL TRAINING SYSTEMS, MIGHTOCHONDRIA NUTRITIONAL SYSTEMS

Topic | **Metabolic Training System for Cardio-Metabolic Diseases**



Dr. Praveen Saxena

Clinical Metal Toxicologist, Managing Director Dr Saxena Integrative Medicine Pvt Ltd

Topic | **Hyperbaric Oxygen therapy in Autism**



Dr. B Gurubasavaraja

Senior Professor and Former Chief Medical Officer JSS Ayurveda Medical College and Hospital,

Topic | **Significance of Ayurveda in Present Medical Scenario with Special Reference to Panchakarma**



Prof. Shekhara Naik

HOD-Dept of Food Science & Nutrition, Yuvaraja's College, Mysore.

Topic | **Adequate Dietary Intake to meet Food and Nutrients for Better Health among Children**



Dr. Mahesh M.S

Asst. Professor, Food Science & Nutrition, Yuvaraja's College

Convener, International Consortium for Ayurveda, Nutrition & Food Technology (ICAN-FT)

Topic | **Ayurgenomics: A perfect path to Wellness**

Call for Abstracts

Many challenges are faced by us today at the local, national, and global levels in assuring the health and wellbeing of all individuals. It is increasingly clear that resolution of complex health problems requires interdisciplinary and intersectoral expertise as well as cooperation amongst different streams of Medicine. At this critical time, it is the responsibility of the global community to acknowledge shared interests, set common goals, and drive towards teamwork to benefit the overall health issues. We welcome original research works that introduces new ideas and concepts, and understandings amongst the different fields of Nutritional medicine helping in achieving health and wellbeing to be presented as poster. Abstracts of outstanding quality or describing highly innovative research will be invited for oral presentations alongside internationally renowned plenary speakers. Authors will also have the opportunity to have their full text considered for publication in the Conference Proceedings (with ISBN). Delegates willing to present their research as oral presentation and or publication of full text in conference proceedings should indicate the same while submitting the abstract.

Submission Criteria

- † Abstract in English must be typed with single-space (Font: Times New Roman; Size 12) within 300 words. (excluding name and affiliations).
- † Name of the Author(s), and Affiliation(s) should be indicated.
- † Name of the Presenting author should be in bold and underlined; with his/her e-mail mentioned.
- † Abstracts should include Aim / Objective; Materials & Methods; Results and Conclusion (No equations / images references / citations to items described in the full abstract).
- † Abstracts should be sent directly to the email ID nemcon2020@gmail.com.
- † Should indicate oral or poster.
- † Full text for publication: Yes or No (Editorial board will decide on the inclusion based on the quality of research).
- † As part of the submission process, you must also indicate if there are any commercial interests and associations that may pose a conflict of interest.
- † You will receive an e-mail confirming that your submission has been received.

Student Posters

We also welcome graduate and post graduate students to present novel and innovative ideas, recent discoveries, trends and strategies to address challenges in the area of Health and Wellbeing. All participants must be registered. Abstract submission for student poster is not necessary but should send the title of the poster in the email. **Note: Last day of submission: 25th Jan 2020**

Registration Fee

Early Bird: Until 5th Feb 2020

Regular: 6th Feb 2020 – 13th Feb, 2020

Spot Registration: 14th Feb 2020 onwards

Category	Early Bird	Regular	Spot Registration
Members & Affiliates	INR 11,900	INR 14,875	INR 17,850
Non-Members	INR 14,875	INR 17,850	INR 21,420
Academicians	INR 6,545	INR 8,330	N/A
Students	INR 2,380	N/A	N/A
UoM & AFST(I) Members	INR 4,165		

Note

† All amount is inclusive of GST @ 18% and 1% Flood cess charges.

† Students and Academicians need to carry ID cards with them or send a soft-copy of the same by Email.

Be a patron

INR 29,500 (TILL 31st December 2019) (INR 25,000 + INR 4,500 = INR 29,500 /- (Inclusive of GST)

Account Details

NEM CON 2020 Unit of Soukhya Foundation

A/C Num: 50200044518273

Bank Name: HDFC Bank,

Palarivattam, Building no 32/1182,

Ground Floor, Palarivattam junction,

Kochi - 682025

RTGS/NEFT IFSC: HDFC 0000520

Swift code: HDFC INBBXXX

Chairman



Dr. Sreekumar A

Founder Director, Soukhya Foundation

Convener



Dr. Kamal Karl

Vice President, ACNEM, Australia

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27th Custodian of Royal House of Mysuru



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Former Vice Chancellor, UoM, Mysuru



Prof. S N Hegde

Former Vice Chancellor, UoM, Mysuru



Dr. Shivappa R

Registrar, UoM, Mysuru



Dr. Rudraiah

Principal, Yuvaraja's College, Mysuru

Co-chair



Prof. Shekhara Naik R

HoD, Dept. of FSN, Yuvaraja's College, Mysuru



Prof. Dr. Ushy Mohandas

CEO, Dr. Ushy's Wisdom Works
Founder, The Mind Workshop





Scientific Advisory



Prof. Dr. Jamuna Prakash

Former Professor, UoM, Mysuru



Dr. L N Shenoy

Asst. Director, State Ayurveda Research Centre



Dr. B R Pai

VWF Foundation, Mysuru



Mr. Vishwanath Sheshachala

Founder Director, ICAN-FT

Organizing Secretaries



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Contact: straticblaze@gmail.com

